

2014 Annual Report



About the John James Foundation

The John James Foundation is a not-for-profit organisation. It built what is now the Calvary John James Hospital in 1970 and operated it until 2006 when the hospital business was sold to Calvary Private Healthcare Canberra. Following the sale of the business, the Foundation retained ownership of all of the hospital land and buildings which form the John James Healthcare Campus.

The Foundation is now an independent broad based healthcare charity providing a range of programs and assistance to the people of Canberra and beyond. The Foundation is grateful for the ongoing support of the large number of Canberra based Medical Specialists who are the members of the Foundation.

Our Mission

To be recognised widely as a leading charitable healthcare organisation through the provision of specialist medical facilities support and services to those in need.

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Our Patron

His Excellency General
The Honourable Sir Peter Cosgrove AK MC (Retd)

Staff

Mr Phil Greenwood (CEO)
Mrs Stephanie Burgess (Finance Manager)
Ms Karryn Smith (Administration Manager)
Ms Jane Smith (Writer)

Our Cover

John James Foundation has quite a fleet of "vehicles", through donations provided under the Foundation's Community Health Program, with each vehicle showing the Foundation's logo as a supporter of that cause. Pictured on the cover, from left to right are:

Nathalie Maconachie, CEO
SIDS and Kids ACT

Owen Finegan, CEO
Snowy Hydro SouthCare

Martine Parsons, volunteer driver
SIDS and Kids ACT

Phil Greenwood, CEO
John James Foundation

Rick Smyth, volunteer driver
Palliative Care ACT

Susan Fisher, Business Development Manager
Leukaemia Foundation ACT



From the Chairman Prof Paul N. Smith

It's been a year of consolidation and real progress for the John James Foundation and I am pleased to provide this report. Our charitable work goes from strength to strength, contributing to the increased public profile of the Foundation within the Canberra community. That will be further heightened by the way in which we are about to see some of our busy behind-the-scenes efforts in identifying a long term signature project come together in a very tangible way – more on that later.

As our profile grows, we have also been able to begin to position the Foundation as Canberra's largest medical charity, with a role that is quite separate from the Hospital. In cash donations alone, the Foundation's Community Health Program has provided close to \$300,000 this year to 23 charities and organisations in the Canberra area, with the longer term multi-million dollar commitment to John James Village about to be formally budgeted. John James Village is the signature project we are undertaking to support the Leukaemia Foundation to provide home-like patient and carer accommodation close to Canberra Hospital for those with blood cancers such as leukaemia. While these are all exciting developments, it is also important to continue to look ahead and be clear about where we want to be in another five years and to plan how to get there.

As part of developing that future, the Board has been working on a new Strategic Plan for the Foundation. We had a weekend of work in July,

providing an opportunity to discuss ideas for the revised plan without distraction, as well as some lively debate.

An important part of the discussion was how to increase opportunities for members to continue to contribute and enjoy being an integral part of the Foundation. The volunteering efforts of our members (the Volunteer Specialist Program) have to date focused on specialist visits to the Northern Territory, providing services to both remote Indigenous communities and, often, clinics and surgery at Katherine Hospital. More recently, an increase in medical

services in that part of Australia has meant the need for Foundation assistance has lessened. That in turn means we are now considering new opportunities, perhaps with a different geographic focus or by developing on-the-ground partnerships and projects with other delivery groups. While it's still early in the exploration phase, we do

have some clear ideas in our sights and I look forward to bringing you up-to-date with the results of this in the near future.

As well as John James Village, the Volunteer Specialist Program and the Community Health Program, the strategic planning discussions covered a lot of other ground. We agreed it was important to continue to focus on philanthropic support for medical education (such as the Indigenous medical student scholarship at ANU we currently offer) and to consider ideas to grow our property holdings and further develop our Hospital partnership.

It is also important to look ahead and be clear about where we want to be in another five years time and plan how to get there.

The weekend of 'forward focus' was a worthwhile investment of time. It produced a robust plan that, when finalised after more consultation, will set out a realistic framework to guide the Foundation for the next five years. I anticipate the plan will be updated regularly as new priorities and opportunities emerge - it will be interesting to look back in a few years to see how far we have come. The Foundation's staff, of course, will have a key role to play in implementing the new plan. It is a lot of work for a relatively small organisation! However, I know the Board is looking forward to working with Foundation staff to meet the challenges that will no doubt arise over this period.

After the planning weekend I found it interesting to consider for a moment where I see the Foundation in another five or so years. I am confident the John James Foundation name will be even more clearly recognised, supported and valued than it is now. Even with the relatively low profile we've had in the past five years, the number of applications we've received for charitable donations has increased considerably each year. I can see those requests increasing even further as our profile develops and community understanding of our role as separate from (though retaining valued links with) the Hospital grows.

As a rough yardstick of growth, I looked back to past annual reports to find that donations have increased from around \$140,000 in 2009 to approaching \$300,000 this year. I'm always interested - and sometimes surprised, I admit - by the range of support the Foundation provides. Over the years we have funded a broad range of activities. Some come with a degree of visibility, such as the cars we fund for charities such as SIDS and Kids and the local Palliative Care group. The use of our logo on these vehicles helps provide exposure for the Foundation and we know, too, that those who use the cars, both patients and volunteers, learn a bit more about the Foundation and value the assistance we provide. Then there are lower profile but equally important donations to research groups such as the Australian Foundation for Mental Health Research and a regional breast cancer data analysis project which over time will also contribute to community health and wellbeing.

Together with our other programs, it all means we can proudly say we truly are meeting our objectives around the prevention and control of disease, the relief of suffering and the support of people in need.

It's the Board's commitment to these objectives that even further underlines the importance of the planning work we have been undertaking. It's vital that we have a clear, agreed vision for the future so this can continue. As Board Member Gloria Armellin suggests in a story later in this report - is there any reason the John James Foundation shouldn't one day be a nationally recognised charity, proudly started in Canberra and supporting a wide range of medical initiatives in Australia and possibly overseas too? Our "home" and our heritage is the Hospital, and that will remain our focus, but we can look to broader horizons and a rewarding role in assisting many different people in many different places.

Foundation donations to community organisations have increased from around \$140,000 in 2009 to approaching \$300,000 this year.

As part of our growth, work to establish John James Village is about to enter the design planning stage, with an application for approval expected to go to the ACT Government before the end of the year. This will preview the start of the building phase which is anticipated for early 2015. Given the work that has gone into getting the project to this point

over the past few years, the sod-turning ceremony that I'm sure will accompany the actual start of building will be one to remember!

After that, of course, there will be even more hard work as we consider how to gain ongoing community support for John James Village. It was interesting to hear discussion at the planning weekend about the possible use of social media to do this. While we are not all comfortable with things like Twitter and Facebook, it is clear they offer innovative approaches that we need to consider - it could be, for example, by providing regular updates as building gets underway and nears completion or opportunities to assist with, say, planting a garden or furnishing a lounge area. We also discussed active use of our charity status to boost donations and bequests, opportunities that could also come directly or indirectly through social media.

Another sign of growth has been the addition of a new Facilities Manager position to the small staff complement at the Foundation office. The manager will oversee all aspects of maintenance and management of building and facilities at the Deakin Healthcare Campus, liaise with external property managers and contractors, and play a significant role in the John James Village project.

As you can see the Board has had a clear focus on growth and development over the past year. I can confidently say that we have served both members and the Canberra community and now have a clear plan to build on this into the future.

We have been aided by the wide range of skills and ideas Board members bring to consideration and while it is always sad to see Board members come to the end of their term, it is also good practice to have some turnover to refresh – and sometimes even challenge – those ideas. During the year, we farewelled Dr Peter Wong who stood down to concentrate on further study he is undertaking.

We also farewelled long-term Board Member Mr Tony Ayers. Tony Ayers first joined the Hospital Board in February 1998 and after 15 years of conscientious and dedicated service, he left the

Foundation's Board at the 2013 Annual General Meeting. Tony's contribution to the Hospital and the Foundation was exceptional.

In recognition of this service, the Board is pleased to be able to announce the inaugural winner of the John James Foundation-Tony Ayers Prize (\$5,000) for excellence in research in translational medicine is Dr Anneke Blackburn of the John Curtin School of Medical Research, Department of Molecular Bioscience. There is more detail about her work later in this annual report.

Finally, thank you to the members of the Foundation who support our programs and activities and in particular thank you to the Board Members who give so much time to ensure the effective governance of our Foundation. And also thanks to the Foundation's hard working staff who so effectively put into practice the wishes and plans of the Board.

I look forward to another busy and challenging year ahead, in particular as we start the building program for the long-awaited John James Village project.

Professor Paul N Smith FRACS

Chairman

John James Foundation



New mother Sabrina Muscat with baby Levi in the newly refurbished maternity ward at Calvary John James Hospital, opened in May 2014. The John James Foundation's Hospital Partnership program contributed to the upgrade to ensure the Hospital remains the leading private facility in Canberra.

A Year of Achievements

Community Health Program

This program provides up to \$250,000 each year in direct donations to healthcare charities undertaking work with a local focus. In the past, this has included well-known organisations such as SIDS and Kids, AsthmaACT and the Cerebral Palsy Alliance, as well as lower profile organisations such as Darryl's Den, an activity group for people with disabilities, Focus ACT which cares for people with intellectual disabilities and an organisation undertaking vital breast cancer data gathering and analysis.

As the profile of the John James Foundation has grown, so have requests for Community Health Program support - and that's something the Foundation welcomes! A look back at the Foundation's 2009 newsletter, for example, shows a total of six donations in that year totalling \$140,000.

That has grown to 23 donations and other support totalling more than \$300,000 in the current year, a pleasing increase that reflects the Foundation's role as Canberra's largest medical charity.

The Foundation welcomes applications from healthcare charities and organisations of all sizes, regardless of whether they have previously been funded. Projects with the clear potential to create a significant, positive impact are often successful. Start-up operations for projects without a current funding source, but which clearly target a particular need and can show they are likely to be self-sustaining, are also encouraged. However, funding is not generally provided for operational or ongoing costs.

Applications are usually decided by the Board in the first half of the calendar year, but may be considered at other times. There is more information and a guide to applying on the website: www.jjmf.org.au.

Foundation CEO Phil Greenwood is always willing to assist on **6281 6695** and to discuss potential activities with applicants.

The Hospital Partnership

This program supports Calvary John James Hospital by funding maintenance and improvement works. Recent projects include the early 2014 refurbishment of the maternity ward, undertaken in conjunction with Calvary.

A generous Australian Government energy efficiency grant, matched by the Foundation, provided the basis for extensive updating of heating, lighting and air conditioning services throughout the Deakin Healthcare Campus, reducing energy costs and improving amenity for patients, staff, tenants and visitors.



Dr Anneke Blackburn of the John Curtin School of Medical Research, Department of Molecular Bioscience. Inaugural winner of the Tony Ayers Prize for Excellence in Research in Translational Medicine. Photo: Karen Edwards, JCSMR, ANU.

Medical Education

This program includes support for an Indigenous medical student scholarship at ANU, a PhD scholarship at ANU's John Curtin School of Medical Research and the James Cook University Specialist Elective Program which supports up to four final year medical students to undertake three months' placement with John James Foundation specialist members in Canberra each year.

A new Foundation award in 2014 is the \$5,000 Tony Ayers Prize for Excellence in Research in Translational Medicine. The prize will be awarded to a researcher at the ANU's John Curtin School of Medical Research. This award, named in honour of former longtime Board member Tony Ayers, recognises a research scientist who has made a significant contribution to translational research during the course of their career. Translational research, a relatively new field in Australia, is research that makes the jump "from bench to bedside", transforming science breakthroughs into clinical applications.

The inaugural winner is Dr Anneke Blackburn from the Department of Molecular Bioscience. Dr Blackburn is an expert in the use of a cheap, non-toxic drug, known as DCA, as a cancer

therapy. Her pre-clinical studies on the effect of DCA in breast cancer are now being extended to include work on colon cancer, prostate cancer, sarcomas and multiple myeloma and will result in the first clinical trial of the drug with multiple myeloma patients in Australia at The Canberra Hospital later this year.

Dr Blackburn has worked for more than 10 years developing translational connections between the ANU and The Canberra Hospital. Her nomination for the award describes her "persistent and dedicated approach to finding the translational avenues of research (which have) led to the development of the clinical trial. The benefits of DCA in malignant disease are only beginning to be recognised, with the potential impact on Australian health being far-reaching."

Describing her research, Dr Blackburn said cancer cells have a different metabolic program compared with normal cells. Her research will investigate how metabolism controls the ability of cancer cells to grow, spread and resist cell death. The results will then be used to target cancer cells with DCA, with the potential to offer additional treatment options for Australians with recurrent cancer.

John James Village

With the allocation of land now complete, the John James Foundation's multi-million dollar commitment to construct an accommodation complex for leukaemia patients is now starting to take shape.

The major project, being undertaken to support the Leukaemia Foundation, will initially provide six home-like self-contained units, including one with three bedrooms, in fully landscaped surroundings. The complex will include accommodation for patients' families and carers to also stay on-site to provide the extra support that is so vital for recovery. Some patients are quite young and some have young families so there is a need for multi-room units.

The Garran location means that access to Canberra Hospital for the daily treatment most blood cancer patients need will be easy and convenient.

A central administration area, office and meeting space for the Leukaemia Foundation will also be part of the initial building phase.

The large block of land allocated by the ACT Government also has enough space for an additional four units to be constructed as part of a later phase 2.

John James Village grew from the Foundation's desire for a major project to show its ongoing commitment to the healthcare needs of people in the ACT and surrounding regions.

The idea for purpose built patient accommodation was sparked several years ago by leukaemia survivor and

former Canberra resident, Carl Sueli. Mr Sueli was determined to do whatever he could to help others facing this life threatening illness – about eight people a day in Australia are diagnosed with a form of leukaemia.

When completed, John James Village will replace a small rented house currently used for patient accommodation in Canberra.

Design work to expand the initial John James Village concept plan is already underway, led by a local business Point Project Management (where Mr Sueli once worked) which will oversee the project.

Outlining the next steps, project manager Paul Nihill said a community consultation session with Woden Valley Community Council, scheduled for late 2014, would provide an opportunity for local residents to ask questions about traffic flow, building appearance and other matters.

After that, the preliminary design will be finalised so the John James Foundation Board can provide detailed feedback for the final plan. A final sketch phase design including detailed cost estimates will also be presented to the Board in late 2014 for sign-off.

The formal Development Application to the ACT Government is expected to be submitted soon after that, when the building tender will also be released.

If all goes to plan, building will begin around February 2015 with an expected build time of about 12 months.

Volunteer Specialists Program

This program supports John James Foundation specialist medical teams to go to the NT and elsewhere to provide their services without charge to those in need. The teams, comprising Foundation specialist members and supported by other medical staff, have been based generally at Katherine Hospital, but also elsewhere in the NT, for several years, often completing numerous trips to remote Indigenous communities, as well as conducting clinics and surgery at the hospital.

Additional medical services now available in the region mean the John James Foundation teams are looking for other options where the need is greater. Several constructive leads have already been followed and further trips to new locations are expected to take place in 2015. The Foundation thanks its many skilled and dedicated members who have volunteered so generously for this program since 2006.

Charitable Donations - Community Health Program 2014

AFFIRM- The Australian Foundation for Mental Health Research

\$15,000

Community based research to develop new programs/approaches for people who need mental health support.

ANU Medical School

\$18,000

Indigenous Medical Student Scholarship (third of four years).

Asthma Foundation ACT

\$10,000

Translation and design of asthma information in two languages.

Brain Tumour Alliance Australia

\$5,000

Handbook and other information for parents of newly diagnosed children.

Breast Cancer Treatment Group

\$5,000

Analysis and publication of data collected over 15 years about breast cancer in the ACT and south east NSW regions.

Canberra City Care

\$5,000

Rebuild office entrance to make it user friendly for people with mobility issues.

Carers ACT

\$3,000

Support for GE Shaw fundraising bowls day.

Cerebral Palsy Alliance

\$10,000

Ceiling hoists and other equipment used to make aids for people with cerebral palsy.

Darryl's Den

\$14,400

Art therapy classes for people with disability.

Grow the Music

\$6,000

Fundraiser event promoting musical and arts programs in Indigenous communities in WA.

Hartley Lifecare

\$8,000

Establish Hartley Brain Injury ACT, providing information/advocacy services as part of Hartley Lifecare.

Indigenous Allied Health Australia

\$11,000

Professional development scholarships for Aboriginal and Torres Strait Islander allied health students.

John Curtin School of Medical Research

\$35,000

PhD program – scholarship for student in neuroscience (three and half year program).

\$11,500

Purchase of intra-vital microscope.

John James Foundation

– Tony Ayers Prize, ANU

\$5,000

Translational medical research.

Leukaemia Foundation

Project planning and feasibility studies for John James Village short term patient accommodation.

Medical Women's Society, ACT

\$1,000

Annual dinner - student attendance.

Palliative Care ACT

\$25,064

Car for patient transport and tablet computers to enhance communication.

Pegasus Riding for the Disabled

\$10,000

Build capacity to expand programs.

SIDS and Kids ACT

\$19,000

Car for support counsellor use.

Snowy Hydro Southcare Helicopter

\$25,000

Patient ventilator system.

Starlight Foundation

\$2,000

Sponsorship of Tour de Kids fundraiser.

Technical Aid to the Disabled (TADACT)

\$12,000

Early intervention equipment tailored to the needs of children with disabilities.

Variety the Children's Charity

\$7,500

Wigs for children with hair loss resulting from alopecia .

Constitution Review – Strong Foundation, New ‘Friends’

The John James Foundation Constitution is under review to ensure it solidly underpins the growth of the Foundation and its long term sustainability.

John James Foundation Deputy Chair Professor David Hardman, together with Directors Dr Gloria Armellin and Dr Jeff Harmer, have formed a Board committee to complete the review. The aim is to ‘spring clean’ procedures and ensure consistency with the overarching Corporations Act, the principal legislation regulating companies in Australia. The emergence of the Australian Charities and Not-for-profit Commission has also provided added impetus for the governance review.

The main changes being considered could introduce new non-voting membership categories and refresh other aspects of the Constitution to ensure the Foundation’s developing activities are accurately reflected.

Prof Hardman stressed that the hospital was built and developed by Doctors and it was important to ensure that both the historical linkage was maintained and the hospital remained a leader in private health care. No changes are being planned to the Foundation’s full Membership category which is open to Visiting Medical Officers at Calvary John James Hospital.

“We may establish something like a ‘friends of the Foundation’ Associate Membership category for people such as GPs, community leaders and others with an interest in supporting or contributing to the work of the Foundation,” Prof

Hardman explained. These members would not have voting rights.

However, friends and supporters of the Foundation would be encouraged to get involved in activities such as the John James Village project, the patient accommodation complex being built to support the Leukaemia Foundation. Newsletters, website stories and social media could be used to keep people up-to-date and provide opportunities for a broad base of community ‘buy-in’ to Foundation aims and activities.

“The John James Foundation is now an established, independent medical charity.”

Another new Foundation membership category being considered would recognise honorary members – long term supporters who have been involved in the hospital or Foundation and made an outstanding contribution.

“The John James Foundation is now an established, independent medical charity undertaking a wide range of activities, from donations to local organisations to providing volunteer specialist services to remote Indigenous communities,” Prof Hardman said.

“That’s quite different to how it was when the Foundation ran the John James Hospital.”

“We need to make sure our Constitution is inclusive and provides for the longevity of the Foundation’s base, while at the same time protecting the interests of the original members and keeping up with the times.”



Kathleen Rhee

Foundations of Creativity

The John James Foundation is showing its 'true colours' by supporting Canberra artist Kathleen Rhee's innovative approach which uses art therapy to inspire community creativity.

Featured on the cover of the Foundation's 2014 newsletter, the bright and colourful designs initiated by Kathleen are based on concentric circles forming a mandala, a Sanskrit concept which expresses ideas around centering, renewal, discovery, wellbeing and connection.

The striking artworks, which often include a generous sprinkling of glitter, recently featured inside the Foundation's newsletter and quickly attracted a lot of comment from members keen to learn more.

The Foundation is providing \$14,400 for the once a week program over 40 weeks at Darryl's Den in Holt, a small self-help group that provides a range of activities and assistance for people with disabilities. The mandala artwork is created using acrylic paint as a base on canvas, with limited help from Kathleen who guides participants through the process without completing the work for them.

Much of the art starts out as a large group process in which participants share their creative ideas and decide together what colours and materials to use. After a rough sketch by Kathleen to provide a framework, the flowing images then take shape collectively over several weeks. Some people then move on to proudly undertake their own smaller individual artworks, slowly uncovering the creative skills, ideas and imagination that Kathleen says are within everyone.

As well as Darryl's Den, Kathleen teaches art at The Canberra Hospital School, offers private pre-school classes for children from 18 months to 5 years and is artist-in-residence at a local pre-school. Kathleen's own artwork is based on a unique layering process she has developed, resulting in bright, shimmering hand-printed gold etchings, reflecting a soft light from many different angles. The rich, warm images, full of detail and texture, have been exhibited at a number of Canberra joint and solo shows.

Kathleen's formal qualifications include training in an art therapy technique known as initiatic art which encourages people to release emotions and ideas through art. While common in Europe and America, art therapy, which includes aspects of Jungian theory, is not yet widely used in Australia.

"So many people have the idea that they're not creative. But art therapy can encourage people express ideas, often unconscious ones, in a supportive atmosphere and show they are in fact really creative," Kathleen explained.

The Darryl's Den classes are the result of a happy accident of co-location - Kathleen's art stall was next to the Darryl's Den stall at last year's EPIC Christmas market. The mutual interest in each others' work grew from there and resulted in an application to the John James Foundation for support under the Community Health Program.

Kathleen says mandala art encourages a range of skills such as decision making and collaboration, as well as creativity of course. The Darryl's Den project will also result in an exhibition and sale at the Belconnen Community Art Centre in late 2015 with up to 20 Darryl's Den artworks expected to be available.

Diabetic Care – Getting Off on the Right (and Left) Foot

Medical equipment purchased by the John James Foundation for a visit to a remote NT Indigenous community is now being used for ground breaking research into diabetic foot care in Canberra.

The \$10,000 foot planometer (or pressure plate) was originally purchased by the Foundation to use during a trip to the Aboriginal community of Lajamanu as part of the Volunteer Specialists Program. After the trip the device went into virtual mothballs at Canberra Hospital while a new use was sought.

And those ideas were soon afoot! Foundation Deputy Chairman Prof David Hardman, who led the original 2011 visit, together with second year ANU medical student Tony Li, have been using the footplate to research under-investigated issues associated with care and treatment of diabetic patients with foot ulcers. Many of these patients in the ACT are Aboriginal and Torres Strait Islanders so there is a strong link with the original use of the device.

Foot problems such as ulcers and calluses are the leading cause of hospital admissions for diabetes patients. It is estimated that up to 25% of those with diabetes will eventually develop foot ulcers, with about 10,000 hospital admissions a year in Australia due to diabetic foot ulceration. This is compounded by high treatment costs and recurrence rates.

And despite much research, the number of foot ulcers and lower limb amputations due to foot ulcers is still on the rise. According to the International Diabetes Federation, a lower limb is lost somewhere in the world every 30 seconds as a result of diabetes.

Australia's increasing prevalence of type 2 diabetes, especially in Aboriginal and Torres Strait Islander communities, means that diabetes related foot problems remain a key challenge for the many health professionals involved in patient care. These can include GPs, specialists, vascular surgeons, nurses and footwear technicians.

Usually the result of continued pressure on certain parts of the feet and toes, foot ulcers can be notoriously difficult to treat, resulting in blood and bone infections which in turn often require toe amputations.

Foot problems such as ulcers and calluses are the leading cause of hospital admissions for diabetes patients.

While long recognised as a useful treatment, Prof Hardman and Tony Li were nevertheless concerned about the limited research available to confirm the ultimate benefits (or otherwise) of such surgery.

Essentially, the two were puzzled by the lack of studies to directly link surgical intervention (amputation) to changes in high pressure zones on the feet.

"It has never been clear whether minor amputations which change foot structure were in fact eliminating high pressure zones or merely shifting these to another part of the foot," Tony Li explained.

The study's hypothesis was that the surgery would reduce pressure points on all parts of the foot, meaning fewer ongoing problems and enabling better longer term overall foot care.

If correct this would mean that patients could be reassured that, despite needing to have some toes removed, the overall long term result of surgery would be worthwhile.

Patients were recruited from Prof Hardman's practice and the footplate was used to directly measure and compare the high pressure zones before and after surgery.

The footplate is a straightforward device – patients walk across an electronic sensor pad which shows information about pressure points in a multi-coloured display, highlighting areas of pressure and other details.

While still being finalised, early results of the study, while limited by recruiting difficulties, suggest “there may well be solid evidence supporting amputation and its quantitative reduction in the related high pressure zones.”

Fitting the research study in around his medical studies created a few issues for Tony Li who is nevertheless keen for the initial work to be followed up with a full time investigation.

“Perhaps we could solve the question of whether amputation is enough – and potentially also usher in a new era of diabetic patient foot care,” he said.

“I'm especially grateful to Prof Hardman and the John James Foundation for the opportunity to undertake this research and the opportunity to have a positive impact on the lives of diabetes patients.”



ANU medical student Tony Li and the foot pressure plate originally purchased by the Foundation for work in the NT - now being 'pressed' into service in Canberra.



Gloria Armellin – A Vision for the Foundation's Future

The 'vision thing' that causes many a corporate headache is one of the reasons recent retiree Gloria Armellin is keen to get involved in the John James Foundation Board for a second time.

The former CEO of Capital Pathology and Director of Marketing and Organisational Development at Sonic Healthcare, Dr Armellin was elected at the 2013 AGM after previously having served on the Board from August 2007 – April 2010. While originally intending to serve a further term, Dr Armellin was forced to resign because of work commitments which saw her commuting to her senior role in Sydney from her Canberra home for eight years.

After studying at Sydney University, Dr Armellin's lengthy career also included stints on the ACT Medical Board and as Vice President of the Australian Association of Pathology Practices, as well as other executive pathologist positions.

Dr Armellin is now happy to describe herself as 'retired'. She is already enjoying being back on the Foundation Board as a way of keeping in touch with Canberra's medical community, but then there's also the vision thing that she regards as even more important.

"I think the way the Foundation has developed is fascinating. In fact, the hospital was once run by doctors, but they agreed to sell the business and use the income from the leases to keep on helping even more people ... it's this sort of philanthropic vision of what we do that is so interesting and I think still evolving.

"Despite what some people in the community think, most doctors really want to make a contribution and they do, in fact, do that on an individual basis, working to care for their patients."

"As part of the Foundation, it's also wonderful to see the medical community working together as a team towards other goals - whether it's being part of the work the Foundation does in the NT or in other areas."

"We need to consider the future and how we can allow others to contribute to the philanthropic work of the Foundation."

Some of her interest in this part of the Foundation's work is perhaps driven by her natural empathy and interest in people. Dr Armellin says her role at Sonic Healthcare, where she oversaw 26,000 people in many different countries, was a lot of fun as she tried to link the work of very different pathology

laboratory businesses through shared values and visions.

Dr Armellin suggests there are now opportunities for the Foundation to increase its focus and profile over time to become a nationally known charity which, as well as donating money, is attractive to a broad membership base.

"We need to think about how we get members engaged and involved for the long term ... we need to be clear about how we want to be known and what we want to be known for in five or 10 years from now," she says.

"It may be useful to spend time wrestling with ideas about our vision and mission. I know it's something a lot of people don't like doing, but I think it's important to be able to put it into words that mean something.

“Part of that could be about considering issues around membership. As well as the vital role of the doctors who established the John James Hospital originally, we have to consider how to engage with young doctors, GPs and specialists who might not place so much importance on the history of the hospital.

“We need to consider the future and how we can allow others to contribute to the philanthropic work of the Foundation.

“I don’t really know what the Foundation will look like in the future – but I’m looking forward to being part of the discussion.”

In the meantime, Dr Armellin is enjoying spending time with husband, ENT specialist Peter Chapman, and their four children, Michael, James, Laura and Gina, as well as her brother, obstetrician Robert Armellin, who has also recently retired. Her elderly parents are also benefiting from the fact that she has more time to spend in Canberra.

There’s still something missing however. “My son James, who’s in the public service, has two beautiful daughters, but they’ve recently moved to Queensland,” Dr Armellin says.

Looks like there’ll be more travel on the cards after all!





Jeff Harmer – 'Retiring' Head Gets On Board for New Direction

New John James Foundation Board member Jeff Harmer is no less a busy man for having retired from his top public service job after a 33 year career.

Dr Harmer joined the John James Foundation Board at last year's AGM after having initially been approached by Chair Paul Smith and another Board member, Brian Acworth, to gauge his interest. His election followed the resignation of another of Canberra's most senior and respected public servants, Tony Ayers.

The John James Foundation position, one of three non-Member Director roles, means Dr Harmer, a former head of two large public sector agencies, now sits on seven different boards, mentors international students and lectures in government policy.

"I've had a great career which I've enjoyed tremendously and now it's about putting something back into the community," Dr Harmer said during a recent meeting.

"I was interested in the position initially because I enjoy the philanthropic element of the work the John James Foundation does, especially the work Specialists have been undertaking in Indigenous communities in the NT.

"I think I have some skills to offer in strategy and planning and I certainly understand how government and community organisations work—it's good to be able to offer that sort of experience to the John James Foundation."

During his extensive public service career, Dr Harmer was Secretary of the sprawling Department of Education, Science and Training and the even larger Department Family and Community Services (FaCS).

He led FaCS through complex changes arising from the addition of the office of Indigenous Policy Coordination which eventually led to a renamed mega-department, Families, Housing, Community Services and Indigenous Affairs.

Dr Harmer was made an Officer of the Order of Australia (AO) in 2010 in recognition of his public service career and has many other awards for his achievements.

He recalls with a laugh that last year's 'interview' for the position on the Foundation Board was his first time on the applicant's side of the desk since 1997. Now well into his role, he admits to still asking "new boy" questions from time to time.

"I think it's useful as a new member to be able to ask questions that might bring new perspectives to issues that have already been discussed," he says.

"I enjoy being part of strategic discussions like that – and the sort we had at the recent Board planning day in Bowral.

"Issues such as how we can leverage the many assets we have within the John James Healthcare Campus and Denison Street are important. It means that over time we can provide even more to support the community by way of inspiring ideas such as the John James Village (patient accommodation) project.

"At the same time, the planning day highlighted for me that while the John James Foundation is the biggest charitable contributor to healthcare in Canberra, we're not as well-known as we could be."

Other boards Dr Harmer sits on include national charity the Smith Family, a

Melbourne based housing board, the Australian Housing and Urban Research Institute, the Medicare Local Board in the ACT and the advisory board for the British outsourcing service specialists SERCO, whose worldwide operations include transport and traffic control, aviation, detention centres and prisons.

He has also recently been invited to co-chair a Ministerial Advisory Council on Childcare and Early Learning which will develop a response to the recent Productivity Commission inquiry into childcare in Australia. He will share the chair's position with Assistant Minister for Education, Sussan Ley.

Not content with that workload, he somehow finds time to lecture at the prestigious public policy enterprise, the Australia and New Zealand School of Government, where he also mentors senior students from India, helping them to manage their careers and the 'change' that is the only constant in the public sector.

The 'retirement' part of his life includes enjoying time with his family including two grandchildren (plus another on the way), golf and international travel. It's a prolific portfolio, but one he clearly relishes. And unlike many of those now at the apex of the public service, he seems to have little focus on downsizing.

"I enjoy reading all the Board papers and take all the Board positions I have seriously," Dr Harmer says. "It's very satisfying to be part of a hardworking Board like the John James Foundation – Doctors are already such busy people, but it's clear they're committed to the Foundation.

"The philanthropic bent adds that extra dimension of reward for me – and I'm an extrovert, I'm not afraid of having my say and enjoying it all."



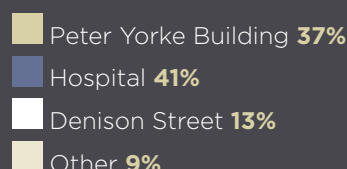
The Foundation's Deakin Healthcare Campus may look serene - but look closely as our photographer Steph Burgess always does and you'll find it bursting with colourful flowers, shrubs and trees.

A Foundation for the Future Through Growth & Investment

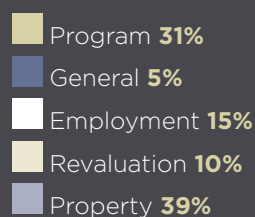
Financial Summary for the Year Ended 30 June 2014

- The result from operations was an increase in equity of \$1.90m (2013: \$2.25m) prior to the application of property valuation adjustments. The impact of property valuations brought to account was an increase in equity of \$1.55m. Gross revenues for the year were \$5.05m (2013: \$4.80m) and operating expenses were \$3.15m (2013: \$2.55m).
- \$1,058,784 was applied directly to the charitable programs of the Foundation, including a \$55k investment in planning projects for the John James Village. \$650k was applied to facilitate specific improvements to the Healthcare Campus via the Hospital Partnership.
- The Foundation closed the year with net assets of \$42.8m (2013: \$41.1m) comprised of total assets of \$44.8m (2013: \$44.3m) and liabilities of \$2.0m (2013: \$3.1m).
- Cash assets at 30 June 2014 were \$4.8m (2013: \$4.9m). Total borrowings reduced to \$1.7m (2013: \$2.9m). Invested funds held in tradable securities at the end of the year totalled \$2.4m.

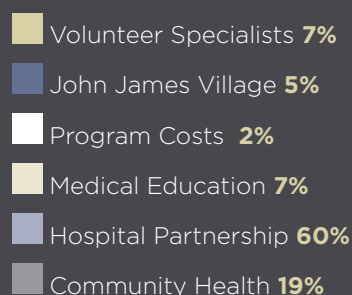
Income



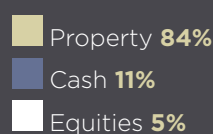
Expenses



Charitable Programs



Investment Portfolio





Dr Peter Yorke and the new display of memorabilia from the life of Dr John James.

A Memorable Display

A special display of memorabilia from the life of Dr John James, after whom the Calvary John James Hospital was named, has now been completed.

The display was put together after Dr James' son, Cary, donated some of his father's archives to the John James Foundation through Dr Peter Yorke several years ago. Dr Yorke has a longstanding interest in Dr James' life, having earlier researched both his military and civilian life for posters now on display in the Foundation's Acworth Boardroom, a foyer in the Peter Yorke Building and in the Hospital.

Dr Yorke, now retired, recalled that his patients were often interested in knowing something about the man who gave his name to Canberra's leading private hospital.

"I was always fascinated by Dr James' life and it was always pleasing to see other people stop and read the posters about him too."

Dr James was born in Broughton Creek (later Berry) in 1887 and studied medicine at Sydney University before joining the AIF in 1915 and serving in several theatres of war including Gallipoli and the Western Front.

After the war he studied surgery in England and was medical superintendent of The Canberra Hospital from 1926-1929. He was credited with transforming the small local hospital into a "modern institution with more than 100 beds, an operating theatre and an X ray unit."

The new display includes a large wall mounted frame which shows Dr James' NSW Medical Board Certificate, his Royal College of Surgeons Admission, a "mention in dispatches" from his war service record and a photo of Governor General Field Marshal Sir William Slim presenting Dr James with his CBE. The original medal is also part of the display.

Other objects included in a handsome timber display case include miniatures and originals of his war medals, his ID tags, his Colonial Medical Registration Certificate, the original brass surgery sign from his Braddon practice and his Medical Board of the ACT registration Certificate from 1931.

An official unveiling of the display was held in September.

Members and visitors are welcome to call in to the Foundation office on the Deakin Healthcare campus (level 2, Peter Yorke Building) to see the display during business hours.



BTAA Committee members Catherin Hindson (l) and Mary Anne Rosier take charge of the donation from John James Foundation CEO Phil Greenwood.

Handbook Help

A John James Foundation donation means that parents of children with a brain tumour will get comprehensive information about their child's treatment using a new handbook provided without charge through Brain Tumour Alliance Australia.

Canberra BTAA committee member MaryAnne Rosier came up with the idea of using the Brain Tumour Foundation of Canada handbook after realising there were no similar resources available for parents in Australia.

The handbook was developed by the Paediatric Brain Foundation of Canada and research found it to be just as suitable for use here. About 90 children, from newborns to those aged 18, are diagnosed nationally with a brain tumour each year. About seven are in the ACT.

The Paediatric Brain Tumour Handbook will be made available using a \$5,000 John James Foundation donation.

The handbook has information about every aspect of children's treatment including reacting to a diagnosis, understanding brain tumours, their effects and treatment, surgery, side effects and medical terminology, communicating with children and getting them back to school after treatment, nutrition, complementary and alternative medicine and grief and bereavement issues.

Staff in Australia's seven hospitals which conduct paediatric brain surgery will link parents of newly diagnosed children with BTAA to get a copy of the handbook. BTAA also provides other information resources and a wide range of support services parents may otherwise miss out on. For more information contact BTAA on

1800 857 221 or go to their website **www.btaa.org.au**

Do you know a local healthcare charity or organisation with a medical or health connection, supporting community needs, that is seeking start-up funding or a boost for a one-off project?

Please encourage them to consider applying for support under the John James Foundation Community Health Program in 2015. There's more information about how to apply on the website **www.jjmf.org.au**

Breathing Easy in Any Language



Asthma Foundation ACT CEO Danielle Dal Cortivo

A \$10,000 John James Foundation donation will soon be helping children from non-English speaking backgrounds to breathe a little easier.

The Foundation has donated the funds to the Asthma Foundation ACT to help with the cost of translating a children's picture book about living with asthma,

The Trouble with Bear Hugs, into two other languages.

Asthma Foundation ACT CEO Danielle Dal Cortivo is confident the translated book will help children and their families by providing fun and easy to understand information about something that can be scary for everyone, especially children.

"We know that mainstream asthma resources are not always relevant, relatable or easy to understand for people whose first language is not English," Danielle said. "The translated book will help fill this gap and provide a culturally appropriate resource to help both children and their parents."

The Trouble with Bear Hugs was written several years ago by Sydney mum Kym Latter after her own child had a severe asthma attack. The title likens children's experience of asthma to the feeling of having the air squashed out by a tightening bear-like hug — which isn't always friendly.

"The author found that while there was a lot of medical information available about what happens during an asthma attack it was mainly aimed at parents.

"There was a real need to help children understand what was happening and how important it is to tell adults when the symptoms begin," Danielle explained.

"There was a real need to help children understand what was happening and how important it is to tell adults when the symptoms begin."

"It also provides a non-threatening way for parents and children to start talking about what's happening when you have an asthma attack.

"It's important that children themselves, as well as those around them, know about asthma, how to recognise symptoms and what to do in an emergency.

"Resources like this can help ensure children with asthma lead a normal healthy life while taking only as much medication as they need to keep them well and avoid asthma attacks."

Asthma Foundation ACT intends to test the translated product with target groups to select which languages to use for translation and to ensure the images and language are culturally appropriate.

As well as the 2014 funding, the Foundation has previously also donated \$70,000 to Asthma Foundation ACT for an Asthma Friendly Sports and Recreation Program and an Asthma Friendly Workplace program.

Helping Health Students



Donna Murray

Aboriginal and Torres Strait Islander allied health students from around Australia will benefit from a \$10,000 John James Foundation donation to help cover costs associated with an important annual conference.

The donation to peak body Indigenous Allied Health Australia (IAHA) means five students received Professional Development Scholarships to attend the organisation's 'Valuing Diversity in Health' conference in Canberra in November.

IAHA CEO Donna Murray said the scholarships help students travel from urban, remote and rural areas to take part in the four day conference which includes professional development workshops, an inter-professional health team challenge and a dinner and awards night.

This year's successful applicants include a mental health student from Bourke, a physiotherapy student from Townsville, an oral health therapy student from Queensland, a physiotherapy graduate from Albury and an occupational therapy graduate from Alice Springs.

Energy Efficiency Upgrade Completed

Work to upgrade heating, air conditioning and some lighting throughout the Deakin Healthcare Campus as part of recent funding from the Australian Government is now close to being finalised.

The \$502,000 grant, which was matched (plus some additional funding) by the Foundation, began in January with the replacement of the Hospital's 20-year-old chiller with a modern, reliable and energy efficient unit. Pumps and other ancillary equipment were also replaced as part of this phase of the project.

This was followed by a boiler upgrade in the Peter Yorke Building to improve heating for tenants. The equipment is now operating well after a few teething problems. Other work includes the installation of more efficient and environmentally friendly lighting in both external and undercover carparks and in the Peter Yorke building. This upgrade will also offer energy cost savings.

A sub-meter upgrade in the Peter Yorke Building, requiring a weekend shutdown towards the end of the year, will complete the project.

A YouTube video and a sign at the entrance to the Hospital are in place to highlight the Australian Government's contribution to these improvements. Planning is also underway for a small event to acknowledge the end of the project and thank all those who contributed.

Overall, by mid-2014, more than \$55million had been provided under the Australian Government program to local councils and not-for-profit organisations for more energy efficient technologies and to support local industry and communities.

The John James Foundation is grateful for the support of the Australian Government.

How to help the John James Foundation even more.

The John James Foundation uses its funds to support a range of medical, educational and philanthropic activities. The Foundation greatly appreciates donations to support the work it undertakes.

The Foundation is a charity and has tax free and deductible gift recipient (DGR) status from the Australian Tax Office.

As a private not-for-profit organisation, the Foundation derives much of its funds from its land holdings. The Foundation's ability to attain its objectives is enhanced by the generosity of donors and benefactors who support these programs and activities. The Foundation welcomes the opportunity to involve individuals and corporations as donors and sponsors of its activities.

Tax Deductability

The Foundation is a "deductible gift recipient" under tax law and as such, donations to the Foundation are tax deductible under the Income Tax Assessment Act (1997).

Purposes

Donations or bequests can be applied to any purpose that is consistent with the Foundation's objectives. These include the promotion, prevention and control of diseases and the relief of suffering. The scope of activity includes the practice and study of, and education and training in, medical and dental sciences and the provision of healthcare equipment and facilities.

While gifts to the Foundation for specific purposes are most welcome, in view of the changing requirements as the Foundation develops, the most useful new benefactions will be those given to the Foundation in general terms for the advancement of the work of the Foundation.

Recognition

All gifts will be acknowledged in the Annual Report, with or without an identifying name as desired by the donor or benefactor. Activities supported by gifts are recorded in our Newsletter. Substantial gifts may be associated in some conspicuous manner with the name of the benefactor.

Gifts of Property

The Foundation welcomes gifts of property. If desired, donors may choose to retain use of the property during their lifetime.

Trusts

The Foundation can establish a special purpose fund with any donation, or benefactors may wish to establish an independent trust specifying the Foundation as the beneficiary. Such funds can be established in instalments during

the donor's lifetime. Non-testamentary payments into special purpose funds established by the Foundation are tax deductible.

Bequests

A simple bequest may be expressed:

"I give (specify amount or proportion of estate, or nature of asset or gift) to the JOHN JAMES MEMORIAL FOUNDATION LTD in the Australian Capital Territory and I express the wish that the Foundation should apply this bequest to support its activities."

If support of a particular purpose or activity is preferred, more detail can be included such as:

"I give (specify amount or proportion of estate, or nature of asset or gift) to the JOHN JAMES MEMORIAL FOUNDATION LTD in the Australian Capital Territory and I express the wish that the Foundation should apply this bequest to support its activities in particular[describe activity or field of work, e.g. education, research, philanthropic activities, remote area medical services etc]. If that purpose is discontinued or not available for whatever reason, then I express the wish that my bequest be applied in an allied field or such other purposes as in the Foundation's view most closely matches my intentions."

Advice

Depending on the kind of donation, and its size, donors should consider taking advice from their solicitor, accountant or financial adviser.

The Foundation's Directors and staff will be pleased to answer questions, and Foundation Members with appropriate expertise can help define a useful purpose for any gift.

The Chief Executive may be contacted on **(02) 6281 6695** or by e-mail to **info@jjmf.org.au**

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